



## 5-Years On – Planning for Health, TCPA project workshop with Gateshead Council Naturally Healthy by Design – How Green Infrastructure can tackle obesity across the life course and how planning can help influence this

25<sup>th</sup> September, 12:30 – 16:00

Centre for Life, Life Science Centre, Times Square, Newcastle upon Tyne NE1 4EP

### Agenda

|              |   |
|--------------|---|
| <b>12:15</b> | <b>Arrival and signing in</b>   |
| <b>12:30</b> | <b>Welcome and introduction to the workshop</b><br>Gateshead Council/The Chair -Neil Wilkinson  |
| <b>12:35</b> | <b>Scene setting presentations</b> <ul style="list-style-type: none"> <li>• Introducing the TCPA Project and workshop objectives – Michael Chang, TCPA</li> <li>• The role of Public health and planning in creating healthy environments– Alice Wiseman, Director of Public Health, Gateshead Council</li> <li>• Local green infrastructure opportunities for health – Claire Thompson, North East Local Nature Partnership</li> <li>• Sunderland’s Green Infrastructure Strategy – Clive Greenwood, Sunderland Council</li> <li>• Barriers House Builders face – Richard Holland, Persimmon Homes</li> <li>• What kind of health metrics do we need to plan healthy places – Alister James Scott, Northumbria University</li> </ul> |
| <b>13:50</b> | <b>Coffee break</b>   |
| <b>14:05</b> | <b>Q&amp;A with speakers</b>  |
| <b>14:30</b> | <b>Small table discussions – lessons for integrated planning for health (introduced and facilitated by TCPA)</b> <ol style="list-style-type: none"> <li>1. What are the local constraints?</li> <li>2. What are the key enablers to creating healthy environments?</li> <li>3. What are the potential solutions and recommendations? <ol style="list-style-type: none"> <li>a. Testing what the solutions and recommendations could be</li> <li>b. Achieving GI across the life course</li> <li>c. Daily passive exposure to nature (street trees, hedgerows, open spaces) versus the natural assets (parks, nature reserves etc)</li> </ol> </li> </ol>  |
| <b>15:20</b> | <b>Feedback and final plenary discussion, then next steps</b><br>Facilitated by TCPA  |
| <b>15:40</b> | <b>Update on NHS England Healthy New Towns guidance</b> <ul style="list-style-type: none"> <li>• Introducing the emerging Healthy New Towns guidance</li> <li>• Gaining insight and feedback on users on contents and application</li> <li>• Are there good examples of quality developments?</li> </ul>  |
| <b>16:00</b> | <b>Workshop ends</b><br>Concluding comments from the Chair and TCPA, and complete Feedback Forms  |